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Spatial patterns of health vulnerability to heatwaves in Vietnam

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Abstract

The increasing frequency and intensity of heat events have weighty impacts on public health in Vietnam, but their effects vary across regions. In this study, we have applied a vulnerability assessment framework (VAF) to systematically assess the spatial pattern of health vulnerability to heatwaves in Vietnam. The VAF was computed as the function of three dimensions: exposure, sensitivity, and adaptive capacity, with the indicators for each dimension derived from the relevant literature, consultation with experts, and available data. An analytic hierarchy process (AHP) was used to determine the weight of indicators. Each province in Vietnam's vulnerability to the health impacts of heatwaves was evaluated by applying the vulnerability index, computed using 13 indicators (sensitivity index, 9; adaptive capacity index, 3; and exposure index, 1). As a result of this analysis, this study has identified heatwave vulnerability 'hotspots', primarily in the Southeast, Central Highlands, and South Central Coast of Vietnam. However, these hotspots are not necessarily the same as the area most vulnerable to climate change, because some areas that are more sensitive to heatwaves may have a higher capacity to adapt to them due to a host of factors including their population characteristics (e.g. rates of the elderly or children), socio-economic and geographical conditions, and the availability of air-conditioners. This kind of information, provided by the vulnerability index framework, allows policymakers to determine how to more efficiently allocate resources and devise appropriate interventions to minimise the impact of heatwaves with strategies tailored to each region of Vietnam.

Keywords Vulnerability assessment · Health impacts · Developing countries · Heatwaves · Vietnam

Introduction

Heatwaves are reported to be significantly associated with adverse health effects in different populations worldwide (Guo et al. 2014; Hondula and Barnett 2014; Gasparrini et al. 2015). Previous studies have indicated that heatwaves have significantly increased the risk of both morbidity (Michelozzi et al. 2009; Phung et al. 2016a, b, 2017) and mortality (Huang et al. 2012; Guo et al. 2014; Yang et al. 2015). The health consequences associated with heatwaves are a wide range of communicable (Milazzo et al. 2016; Lee et al. 2017; Xiang et al. 2018) and non-communicable diseases (Ebi et al. 2004; Turner et al. 2012; Phung et al. 2015a). However, the impacts of heatwaves vary considerably across different locations and at differing scales (Knowlton et al. 2009; Page et al. 2012) due to the variability of localised **microclimates**, resulting from the complexities of their physical and built environments (Bassil et al. 2009), socio-economic development (Rey et al. 2009), and adaptation strategies (Huang et al. 2011). For example, a spatial variation in at-risk individuals across a city may result in some of its areas having a higher population sensitivity to temperature than others

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(Reid et al. 2009; Hondula et al. 2012). Therefore, identifying populations who are more vulnerable to heat-related mortality and morbidity is essential in order to manage the public health risk of heat stress.

The assessment of health vulnerability is, however, a complex exercise, which requires the consideration of a host of locality-dependent physiological variables as well as other social and environmental factors (Aubrecht and Ozceylan 2013a, b). Vulnerability is considered a function of the level of exposure to heatwaves, the level of sensitivity to a heatwave, and a population's level of adaptive capacity (McCarthy et al. 2001, Oppenheimer et al. 2014). In this framework, 'exposure' is defined as the nature and degree to which a system is exposed to heatwaves; 'sensitivity' is the degree to which a system is affected by heatwaves; while 'adaptive capacity' is a system's ability to adjust to a heatwave, to moderate potential damage, to take advantage of opportunities, or to cope with consequences (Zhu et al. 2014).

Vietnam, a developing country, is one of Southeast Asia's most vulnerable countries to climate change (Yusuf and Francisco 2009). The annual average temperature in Vietnam is anticipated to increase from 1.1–1.9 °C to 2.1–3.6 °C by the end of the twenty-first century (UNEP 2009). Temperatures of over 40 °C have been recorded recently in the main regions of Vietnam (INPONRE 2009), and the frequency of days with an average temperature above 35 °C will increase in the future in highly vulnerable regions such as the Mekong Delta area (Chaudhry and Ruyschaert 2008). Previous studies in Vietnam have reported the association between exposure to high temperatures and heatwaves, with increases in the risk of water and vector-borne diseases, cardiovascular and respiratory diseases, and the risk of hospital admissions among young children (Giang et al. 2014; Phung et al. 2014; Xuan et al. 2014a, b; Phung et al. 2015a, b, c, 2016a, b). There have been some preliminary reports on the impact of climate changes and adaptation measures in Vietnam, as summarised by the Research Center for Rural Population and Health (2011) (WHO), but no study has been conducted to map the spatial patterns of health vulnerability due to heatwaves across Vietnam.

This study aims to spatially assess the expert-driven health vulnerability to heatwaves across Vietnam by integrating heatwave exposure and related vulnerability indexes that reflect each region's health, socio-economic, and environmental characteristics.

Materials and methods

Vulnerability assessment framework

For this study, we have referred to the vulnerability assessment framework developed by The Intergovernmental

Panel on Climate Change (IPCC) (McCarthy et al. 2001) and applied evaluations of vulnerability to factors relating to climate change elsewhere (Zhu et al. 2014) (Fig. 1).

Data collection

Temperature data were collected from the ERA-Interim Reanalysis Archive of the European Centre for Medium-Range Weather Forecasts. ERA-Interim is a global atmospheric reanalysis from 1979 and is continuously updated in real time. Reanalysis consists of the past weather data reconstructed from observation data. Through a variety of methods, observations from various instruments are combined onto a regularly spaced grid of data. The spatial resolution of the ERA-Interim dataset is approximately 0.7° horizontally (80 km at the equator) on 60 vertical levels from the surface up to 0.1 hPa (approximately 37 km from the ground). In this study, only daily air temperature data collected near to the ground over 13 years (2005–2017) in Vietnam were used for heatwave analysis.

The pools of sensitivity and adaptive capacity indices were generated from indicators with reference to a range of existing studies and consultations with expert stakeholders and based on the availability of data. The stakeholders included health, environmental, and social experts from management agencies and scientific institutions (i.e. ministry of health, ministry of environment, and Hanoi university of public health). This study is one of a bigger research project in climate change and health in the Mekong Delta Region. The project was approved by the ethical committee of Griffith University (GU Ref No: ENV/23/15/HREC) and Health and Environment Management Agency, the leading agency of health sector responsible for climate change and health in Vietnam (1290/MT-SKCD). The sensitivity indicators include population density, % of elderly (> 65 year olds) and children (< 15 year olds), % female population, % of urban population, % of illiterate people among > 15 year olds, % of unemployed, % of poverty households, and % of households with low access to hygienic water. Adaptive capacity indicators include number of health staff per 10,000 population, % of households with air-conditioning, and % of green areas. We extracted the data of these indicators at the provincial scale from the database of the Vietnam General Statistics Office (GSO 2014), Vietnam National Census (VN GSO 2008), and Health Statistic Yearbook (HSY 2013). The green areas were extracted from the moderate resolution imaging spectroradiometer (MODIS) land cover dataset, which were created from supervised classifications of spectro-temporal features from the MODIS reflectance data (Friedl et al. 2010).

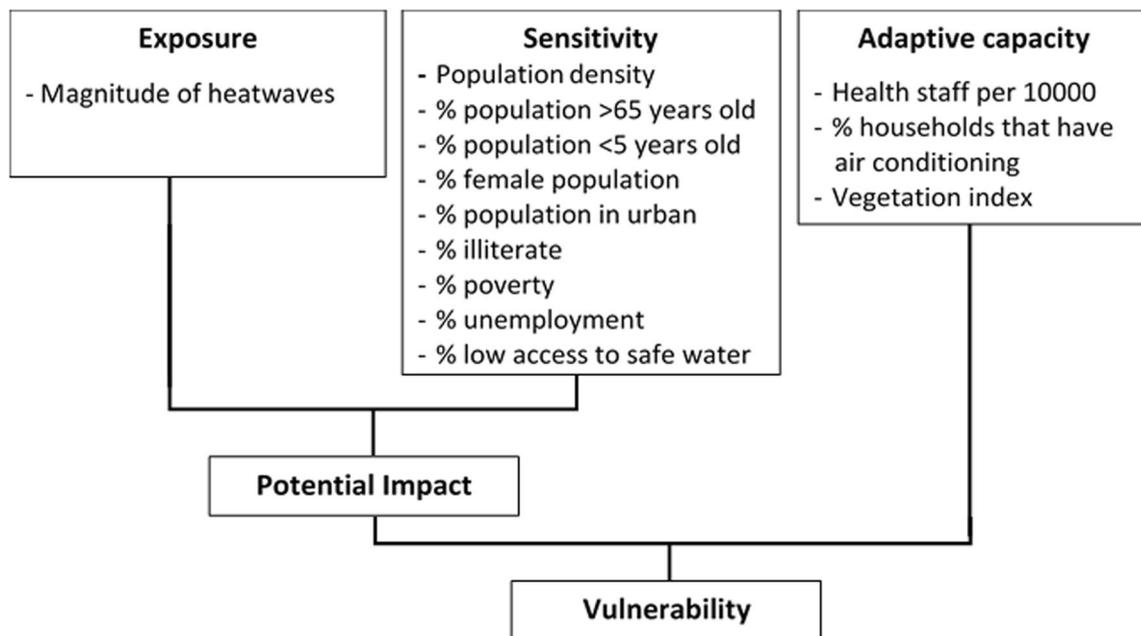


Fig. 1 Conceptual vulnerability assessment framework

Data analysis

Heatwave definition and assessment

In this study, as with our previous study in Vietnam, we defined a ‘heatwave’ as three or more consecutive days where the average temperature is above the 95th percentile value obtained from the provincial weather station or proxy (Phung et al. 2015a, 2016a, b). Then, the exposure index, which is the magnitude of heatwaves, was the sum-up of multiplicative products between heatwave events and number of heatwave days during the study period. The period of study was from 2005 to 2017, during which, the magnitude of heatwaves was calculated for the summer (May to August) in the northern provinces, which are located in a sub-tropical climate, and for the whole year in the southern provinces, which are located in a tropical climate (Fig. 2).

Sensitivity and adaptive capacity assessment

For sensitivity and adaptive capacity dimensions, ten stakeholder experts in the areas of public health and social and environmental science were invited to evaluate the relative importance of all indicators. We then used the analytic hierarchy process (AHP) to generate a weight for each indicator based on their relative importance in each dimension. An expert could subjectively judge the relative importance between indicators following a 1–9 fundamental scale, in which ‘1’ indicates equal importance and ‘9’ indicates extreme importance. A judgement matrix was

then obtained for each dimension from each expert. We tested the consistency using a consistency ratio (CR) to examine whether the sorting results were logically consistent. The acceptable scoring results were considered when $CR < 0.10$. The final weight for each indicator was an average result given by all experts. The details of AHP have been described elsewhere (Whitaker 2007; Zhu et al. 2014; Mu and Pereyra-Rojas 2017). Finally, the sensitivity index (SI) and adaptive capacity index (AI) were calculated using the following equations:

$$SI = \sum_1^t \omega_t S_t \quad (1)$$

$$AI = \sum_1^i \omega_i A_i \quad (2)$$

where SI is sensitivity index; S_t is sensitivity indicators from 1 to t ; ω_t is the weight of each sensitivity indicator; AI is adaptive capacity index; A_i is an adaptive capacity indicator from 1 to i , and ω_i is the weight of each adaptive capacity indicator.

Calculation of vulnerability index

We referred the framework recognised by IPCC (Eq. 3), in which vulnerability was a function of exposure, sensitivity, and adaptive capacity (McCarthy et al. 2001). To reduce the high heterogeneity of index values, we normalised the values of the exposure index (EI), sensitivity index (SI), and adaptive capacity index (AI) by maximum and minimum records ((value) – (min))/(max) – (min)) in order to have an index domain ranging from 0 to 1.

Vulnerability index (VI) was computed as the function of three dimensions: exposure, sensitivity, and adaptive capacity

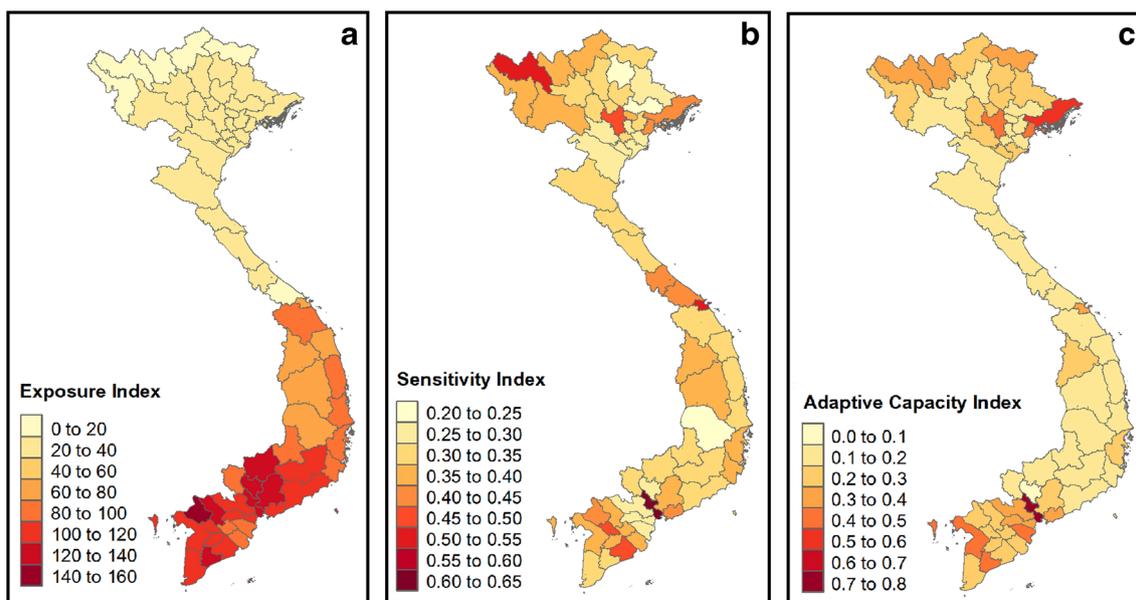


Fig. 2 Total number of heatwave days during the study period (2005–2017) in each province (a), spatial distribution of sensitivity (b), and adaptive capacity (c)

(Eq. 3). A multiplicative model was used to evaluate the VI for each province in Vietnam, using the following formula:

$$VI_j = EI_j \times \frac{(1 + SI_j + AI_j)}{n} \quad (3)$$

VI_j is the overall health vulnerability index to heatwave in province j , EI_j is the level of exposure to heatwave for province j , SI_j is the sensitivity index for province j , AI_j is the adaptive capacity index for province j , and n is the total number of components included in the SI and AI. The higher the AI value, the less adverse the impact this province would be subject to during heatwaves. The higher SI value, the higher the impact this province would be subject to during the heatwaves. The distribution of VIs of 63 provinces across Vietnam is displayed in Fig. 3.

Results

Characteristics of heatwaves and vulnerability indicators

Heatwaves

The temperature threshold and the total number of heatwave days during the study period (2005–2017) in different provinces of Vietnam are presented in Fig. 2a. The temperature thresholds for heatwaves at the 95th percentile values ranged from 24.5 °C to 32.4 °C with a mean of 29.5 °C. The lowest average thresholds were recorded in the mountainous (27.3 °C) and highland regions (27.1 °C); whereas the highest

average thresholds were found at the provinces in Red River Delta (31.9 °C). The thresholds of other regions are decreasing in the following order: north-central provinces (30.1 °C), Mekong Delta (29.7 °C), south-eastern provinces (29.7 °C), north-eastern provinces (29.4 °C), and south-central provinces (28.9 °C).

The southern part of the country had a higher number of heatwave days during the study period (2005–2017) than the northern part (Fig. 2). By region, the largest average number of heatwave days was found in south-eastern provinces (122 days), followed by the Mekong Delta provinces (115 days), the south-central provinces (83 days), and highland provinces (78 days). The northern mountainous region had the lowest average number of heatwave days, ranging from 18 to 30 days (Fig. 2a).

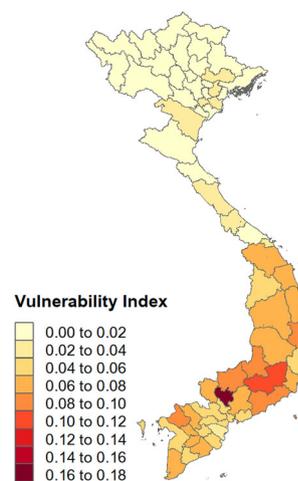


Fig. 3 Spatial distribution of vulnerability index (VI)

Sensitivity and adaptive capacity indicators

Finally, a total of 11 indicators (8 for sensitivity and 3 for adaptive capacity) were set to be used in our vulnerability assessment framework for heatwaves at the provincial level across Vietnam. The descriptive characteristics of the indicators are presented in Table 1.

Results of the AHP method

The weights of indicators were first evaluated by each expert using the AHP method, and then the average weight of each indicator was computed (Table 2). The result was consistent with all CRs < 0.1. Regarding sensitivity issues, the sensitive populations, including children and the elderly, were considered to be the most important indicators by experts, with the next most important indicators comprising population density and lower access to safe water. For adaptive capacity, the prevalence of households with air-conditioning was considered to be the most effective indicator for reducing the health risk of heatwaves. Figure 2 b and c show the results in the spatial distributions of the sensitivity and adaptive capacity indices.

Figure 3 shows the distribution of the vulnerability index by province. The patterns of VIs are inclined toward to the southern region, of which the provinces in south central region are likely the most vulnerable to heatwave-related health risk. The next most vulnerable regions are the south-eastern and south-western provinces. The least vulnerable groups were found to be the north-western provinces, which are mountainous areas, and north-eastern provinces, which are north-coastal areas.

Discussion

Vietnam is severely affected by climate change (Field et al. 2014) in a variety of ways including its agricultural production, social-economic structures, development processes, and security issues (i.e. food, water, energy, public safety, as well as political, cultural, economic, diplomatic, and commercial security) (MONRE 2008, 2009, 2013, 2016). There is a paucity of research on health vulnerability assessments for climate change at the national scale. To the best of our knowledge, this study is the first to quantify health vulnerability to heatwaves across Vietnam.

Vulnerability assessment methods

There are several methods for assessing vulnerability to climate change (Bao et al. 2015). Since health impacts have different expressions, vulnerability indicators vary accordingly. However, vulnerability is often determined by three dimensions including exposure, sensitivity, and adaptive capacity (WHO 2011; Aubrecht and Ozceylan 2013a, b; Dong et al. 2014; Zhu et al. 2014). The VAF used in our study also utilised those dimensions and has been developed and adapted by the IPCC to quantify health vulnerability in different countries (McCarthy et al. 2001; Parry and Parry 2007).

Heatwaves are a common indicator for exposure in heat vulnerability assessment. Heatwave definitions often vary across studies in the form of the number of consecutive days that exceed a threshold temperature, the threshold temperature used, and severity (WHO 2011, Aubrecht and Ozceylan 2013a, b, Dong et al. 2014, Zhu et al. 2014). In 2010, a

Table 1 Characteristics of selected indicators

Indicators	Data source	Time of data collection	Value		
			Min	Median	Max
Sensitivity index (SI)					
Population density (persons/km ²)	GSOV	2014	47	276	3888
% population younger than 15 or older than 60	GSOV	2014	28.6	39.9	47.8
% female population	GSOV	2014	46.7	50	52
% urban population	GSOV	2014	10.4	22.9	87
% Population over the age of 15 who are illiterate	GSOV	2014	1.5	5.4	40.8
% households in poverty	GSOV	2014	0	8	31.5
Unemployment rate (%)	GSOV	2014	1.9	4.3	7.1
% households with lower access to safe water	VPHC	2009	0.3	11.8	82.8
Adaptive capacity index (AI)					
Health staff per 10,000 people	VHSYB	2014	1	3	5
% households with air-conditioning	VPHC	2009	0.2	2.2	21.7
% blue spaces	MODIS/NASA	2001–2010	0.1	2.7	90.2

GSOV, General Statistics Office of Vietnam; VHSY, Vietnam Health Statistical Yearbook; VPHC, The 2009 Vietnam Population and Housing Census; MODIS, moderate resolution imaging spectroradiometer

Table 2 AHP weight of indicators

Indicators	Experts										Mean weight	SD
	E1	E2	E3	E4	E5	E6	E7	E8	E9	E10		
Sensitivity												
% population > 65	0.205	0.197	0.169	0.261	0.237	0.172	0.125	0.067	0.164	0.239	0.1836	0.058
% population < 5	0.149	0.197	0.169	0.057	0.237	0.092	0.125	0.106	0.26	0.239	0.1631	0.069
% low access to safe water	0.198	0.065	0.169	0.057	0.153	0.183	0.125	0.264	0.178	0.028	0.1419	0.073
Population density	0.116	0.197	0.169	0.166	0.076	0.115	0.125	0.17	0.113	0.162	0.141	0.037
% poverty	0.099	0.07	0.169	0.166	0.163	0.097	0.125	0.067	0.051	0.064	0.1071	0.046
% population in urban	0.123	0.12	0.064	0.099	0.058	0.097	0.125	0.17	0.024	0.064	0.0944	0.043
% female population	0.021	0.07	0.048	0.099	0.017	0.041	0.125	0.106	0.048	0.134	0.0709	0.043
% illiterate	0.047	0.042	0.023	0.036	0.03	0.097	0.063	0.024	0.051	0.042	0.0453	0.022
% unemployment	0.041	0.042	0.023	0.057	0.031	0.104	0.063	0.024	0.113	0.028	0.0526	0.032
Adaptive capacity												
% households that have air-conditioning	0.49	0.164	0.462	0.6	0.667	0.333	0.25	0.164	0.4	0.557	0.408	0.178
Health-related status (health staff per 10,000)	0.312	0.539	0.462	0.2	0.167	0.333	0.5	0.297	0.2	0.123	0.313	0.146
Vegetation index	0.198	0.297	0.077	0.2	0.167	0.333	0.25	0.539	0.4	0.32	0.278	0.178

WHO report in Vietnam defined a heatwave as a day having a temperature above 37 °C, while the World Meteorological Organization (WMO) defines a heatwave as a period in which the daily maximum temperature is higher than 32 °C for more than three continuous days. Recent studies on heatwave vulnerability have applied similar definitions to different temperature thresholds (Aubrecht and Ozceylan 2013a, b, Dong et al. 2014, Zhu et al. 2014). Our study takes into account the variance in what is considered a ‘heatwave’ in different locations. As such, we use a common definition from the literature; according to which, a heatwave is ‘three or more consecutive days where the average temperature is above the 95th percentile value obtained from the provincial weather station or proxy’.

In heatwave vulnerability studies, common indicators used in previous studies for SI and AI include population density, percentage of children and elderly, the rate of people living alone, education, economic conditions (income/GDP), the unemployment rate, immigrant population rate, health staff rate, and land use/cover. Structures for sensitivity and adaptive capacity assessment have not been clearly identified or heterogeneous between studies (Aubrecht and Ozceylan 2013a, b, Dong et al. 2014, Zhu et al. 2014). In our study, some indicators were applied similarly to previous studies; however, there were also differences due to the availability of data. For a more complete assessment in our study, ten stakeholder experts added three available indicators including the urban population rate, the rate of households with lower access to safe water (for SI), and the rate of households that have air-conditioning (for AI).

Previously, un-weighted quantitative aggregation and indicator standardisation have commonly been used to calculate

indices from a data pool. Un-weighted quantitative aggregation has been a common approach, but it could not consider the weighted contribution of indicators in assessment (Aubrecht and Ozceylan 2013a, b; Dong et al. 2014). Although each indicator has significant impact, the contribution of each indicator is unequal. Applying weighted contribution will adjust the impact of each indicator and improve estimates. The AHP approach was used to generate a weight for each indicator based on the relative importance of indicators in each dimension. This approach has also been applied in another study in Guangdong, China (Zhu et al. 2014). Objective aggregate indices play an important role in simplifying multiple indicators into an index (Vincent 2004). Although this minimises subjectivity compared with the un-weighted approach, experts’ subjectivity is not eliminated in the AHP approach. In our study, ten experts in the areas of public health, social, and environmental science participated in the relative importance evaluation process to give multi-dimensional perspectives from many science areas.

The recruitment process and availability of the indicators may cause the differences in vulnerability indicators, which can lead to problems when comparing published literature. However, despite the different indicators, the availability and the specificity of indicators will play an important role in developing adaptation strategies for a specific location.

Spatial distribution of heatwaves

Our study showed that in Vietnam, the number of heatwave days increased continuously from north to south (Fig. 2), corresponding to the humid subtropical, monsoon, and tropical savanna climate zones (UNDP 2016). In addition,

the spatial distribution of heatwaves was associated with the annual average temperatures in the southern provinces (the Mekong River Delta, Southeast, South Central Coast, and Central Highlands) being higher than those in the northern provinces (North Central Coast, Red River Delta, Northeast, Northwest). Visual data from our study showed that southern provinces suffer from a higher temperature burden than northern provinces. Following global trends, it is estimated that until 2050, the average temperature of the southern provinces will increase by 1.4 °C to 1.8 °C (Ngo et al. 2014). With a high existing temperature and the coming strong increase to it, the Southeast will become the region with the highest level of exposure to temperature, including heatwave events.

Spatial distribution of sensitivity

According to research conducted by WHO in 2010, the area most sensitive to the health impacts of climate change is the Northwest region of Vietnam (WHO 2011). All provinces in the Northwest have had a health sensitivity index from 0.82 to 1 on the health sensitivity scale from 0 to 1. Although some indicators in our study are different from those used in the WHO study, the findings are similar (WHO 2011). The Northeast and Northwest are characterised by rugged alpine terrain, which creates many difficulties for its socio-economic development. Meanwhile, the provinces along the Mekong River (the Mekong River Delta) are highly sensitive to the impact of heatwaves, which is attributed to the high elderly population, the lack of hygienic water, and unemployment. A notable finding of our study is that most major cities are highly sensitive to heatwaves, including Hanoi (Red River Delta), Da Nang (Central Coast), Ho Chi Minh (Southeast), and Can Tho (Mekong river Delta). Statistics in 2017 showed that these 4 cities have the highest population density in Vietnam, especially Ho Chi Minh city and Ha Noi (GSO 2014), which greatly contributes to their high sensitivity to heatwaves. In addition, the high proportion of urban topography and of sub-populations of children and the elderly are also typical contributors to the major cities' sensitivity. Similar distributions of sensitivity were also found in previous studies (Zhu et al. 2014; He et al. 2019). The high population density means that a larger population size is affected by extreme heat events in a narrow space. Additionally, high population density is often accompanied by infrastructure development and urbanisation, which creates an urban heat island effect, resulting in urban settings having a more serious exposure to heatwaves (Campbell et al. 2018).

Spatial distribution of adaptive capacity

Another interesting finding from our study is that while the Northeast and Northwest had poor adaptive capacity to

climate change, as reported previously (WHO 2011), those regions have high adaptive capacity to heatwaves due to their high green area coverage rate. The areas with poor adaptive capacity to heatwaves are mainly in the Central Coast and Central Highlands, despite their high green area coverage rate. The poor adaptive capacity of these areas was due to the near absence of household air-conditioners, which have proved to be one of the most effective measures to mitigate the impacts of heatwaves (Matthies et al. 2008). Major cities where there is a high proportion of households with air-conditioners, including Ho Chi Minh city and Hanoi, have a high adaptive capacity. The same factor helps to make the Mekong River Delta's adaptability higher than in the Central Coast and Central Highlands, despite it having a lower rate of green area coverage. Although major cities are often more sensitive to heatwaves, they are better equipped to adapt to extreme heat events because of their better socio-economic conditions (Zhu et al. 2014, He et al. 2019).

Spatial distribution of vulnerability

According to the WHO Report on Health Vulnerability to Climate Change in Vietnam, the regions where health is most highly vulnerable to climate change were Vietnam's Northwest, Red River Delta, Central Coast, and Central Highlands, with heatwaves being one of the indicators of exposure index (WHO 2011). In contrast, our study found that Vietnam's southern areas (the South Central Coast, Central Highlands, Southeast, and Mekong River Delta) are more vulnerable to the health impact of heatwaves than the northern areas (Northwest, Northeast, Red River Delta, and North Central Coast). According to our study, the health vulnerability map and heatwave exposure map have a very strong correlation. As such, the Red River Delta, Northeast, and Northwest have low levels of vulnerability because of their low heatwave exposure levels and high adaptive capacities. The Southeast, Central Highlands and South Central Coast have a combination of a high level of exposure, high level of sensitivity, and limited adaptive capacity to heatwaves, making them the regions with the highest level of vulnerability in Vietnam. In our study, the major cities receive a lower vulnerability index compared with their neighbouring provinces due to their high adaptability, as reported previously in other studies (WHO 2011; Zhu et al. 2014; He et al. 2019). Thus despite their high sensitivity, their socio-economic conditions provide them with a stronger adaptive capacity, which has significantly reduced vulnerability in urban areas.

Future perspectives

Following the trends of global climate change, the frequency and intensity of heatwaves will continue to increase in the future. According to the Intergovernmental Panel on Climate

Change, Southeast Asia is one of the most high-risk regions, with heatwaves in all climate change scenarios (Campbell et al. 2018). Located in this high-risk region, Vietnam has to develop strategies to adapt to future extreme heat events. It is necessary to utilise the VAF for heatwaves based on AI, SI, and EI to identify the most vulnerable areas in order to ensure that they receive appropriate resources and interventions to minimise the impact of heatwaves. However, there needs to be continuous assessment of these indices, because SI and AI can vary as a result of population trends. For example, the trend of rural-to-urban migration of working-age people leads to rapid urban population growth, while having the elderly and children remain in the countryside increases sensitivity in these rural areas. The increase of the urban population also puts great pressure on the health system. Furthermore, rapid urbanisation leads to disproportionate development of infrastructure and greenery, thus significantly reducing major cities' adaptive capacity. Policies should consider and be adjusted to address these common trends of change to enhance adaptability to heatwave and to strengthen Vietnam's overall climate change policies.

Limitations and recommendations for further work

We acknowledge some limitations of this study. First, the assessment of this study is limited to past health vulnerability to heatwaves rather than current and future vulnerability. It would be warranted to update the data relating to heatwaves and health in the coming years and to integrate the vulnerability map into the existing surveillance system at the national scale. Second, this study only focuses on heatwaves but not on other climate change events such as storm, drought, or floods. The study could provide a more realistic basis for policymakers if it were extended to cover other climate change exposure vulnerability indices. Third, the indicators of this study were collected by subjective processes, including indicator selection, standardisation, and weighting methods. The validity and reliability of the vulnerability index needs to be assessed. A method for assessing the validity of vulnerability is to look at correlations between vulnerability and past disaster data. Lack of some important indicators (e.g. air-conditioning and other cooling solutions) also made the limitation of this assessment. Finally, the study missed to conduct sensitivity analysis to test the differences of vulnerability at different scales (i.e. district, commune level) and using different weighting methods due to lack of data. We should consider the sensitivity analyses in the future study. In addition, the future assessment should also consider taking advantage of data from expert stakeholders to improve the methodological approach and intellectual contributions to this aspect.

Conclusions

This study identified some 'hotspots' of health vulnerability due to heatwaves, including Vietnam's Southeast, Central Highlands, and South Central Coast provinces. This study provides useful information to policymakers on how the health vulnerability resulting from heatwaves varies throughout the country. It finds that using AI, SI, and EI to assess vulnerability from heatwave events could be helpful to determine resource allocation and for planning appropriate interventions to minimise the impact of heatwaves.

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